



Instructions:

- Keep the bandage dry for a total of 24-48 hours after the procedure.
- Remove the bandage and gently cleanse the area with warm/soapy water. Soaking the bandage prior to removal *is advised* if it has been applied to thin or sensitive skin.
- Pat the area dry, then apply Aquaphor or Vaseline over top of the wound using a Q-tip. Ointments such as Neosporin/Bacitracin are *not recommended*.
- Cover the area with a band-aid. It is recommended you keep the area covered at all times. Showering without a bandage, light exercise, or swimming is allowed. Repeat the steps above following these activities.
- Repeat this process once daily until your wound has fully healed. Please allow 3-6 weeks of healing time depending on the size of your surgical wound.
- 1-3 days following the procedure, it is normal for patients to experience the following: mild/moderate discomfort or pain, some swelling or bruising, light bleeding that can be stopped with holding pressure for 20 minutes without interruption.
- If you have any issues or questions and want to send a photo to the clinical team, you can email dermclinicalteam@gmail.com.
- If you experience any excessive swelling, bruising, or bleeding following your procedure, please contact our office using the information below:

Office Hours + Contact Info
M-F, closed Sat & Sun
7:30 AM - 5:00 PM
(954) 492-8866