



Instructions:

- Do not remove the surgical dressing from your graft or graft site. The dressing will be changed at your next appointment, usually 48 hours following procedure.
- Avoid showering within the first 48 hours to ensure the bandage remains completely dry.
- Avoid sleeping on the side of the graft/surgical site if possible.
- Do not bend or lift anything for 7 days following the procedure.
- Do not perform vigorous exercise and avoid sweating. Doing this will put the graft/sutures under additional stress and interfere with proper healing.
- If you have any issues or questions and want to send a photo to the clinical team, you can email dermclinicalteam@gmail.com.
- If you experience continuous bleeding that goes through your dressing, apply pressure for 20 min without lifting. If this does not stop the bleeding, please see below for regular and after hour contact info:

Office Hours + Contact Info
M-F, closed Sat & Sun
7:30 AM - 5:00 PM
(954) 492-8866