

## Instructions

- Keep the bandage dry for a total of 24-48 hours after the procedure.
- Remove the bandage and gently cleanse the area with warm/soapy water. Soaking the bandage prior to removal is *advised* if it has been applied to thin or sensitive skin.
- Pat the area dry, then apply Aquaphor or Vaseline over top of the sutures using a Q-tip. Ointments such as Neosporin/Bacitracin are *not recommended*.
- Cover the sutures with a band-aid. It is recommended you keep the area covered at all times.
- Repeat this process once daily until your sutures are removed..
- 1-3 days following the procedure, it is normal for patients to experience the following: mild/moderate discomfort or pain, some swelling or bruising, light bleeding that can be stopped with holding pressure for 20 minutes without interruption.
- If you have any issues or questions and want to send a photo to the clinical team, you can email [dermclinicalteam@gmail.com](mailto:dermclinicalteam@gmail.com).
- If you experience any excessive swelling, bruising, or bleeding following your procedure, please contact our office using the information below:

### Office Hours + Contact Info

M-F, closed Sat & Sun  
7:30 AM - 5:00 PM  
(954) 492-8866

### After Hours Emergency Info

M-F, Sat & Sun  
5:00 PM - 7:30 AM  
(954) 228-7774

(This number is unable to receive texts, please call)



**The after hours line is reserved for emergency complications only.**

Please call and leave a voicemail stating your name, phone number, and a brief summary of your post op emergency. The provider will return your call as soon as possible.



APPOINTMENT REMINDER

DATE:

TIME: